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MAXIMUM PERFORMANCE ADDS PHYSICAL THERAPIST

Joanna Koudele has joined the physical therapy team at Maximum Performance.

Koudele graduated from Wichita State University with a bachelor's degree in exercise science in 2006 and a doctorate of physical therapy in 2010. She completed post-graduate certification in Mechanical Diagnostic Therapy (MDT) at the McKenzie Institute in 2018 and specializes in treatment of the spine. Additionally, she has extensive experience in general orthopedics, post-surgical rehabilitation, pediatrics and home health.

"I'm excited to join the team at Maximum Performance to work with skilled therapists who are passionate about helping people in our community and assisting patients to achieve their goals", Koudele said.

Originally from Belle Plaine, Kansas, Koudele moved to Manhattan eight years ago when her husband, Daren, accepted a position with K-State Athletics. Their family includes two dogs, Jordy and Macy,