



426 A McCall Road  
Manhattan, Kansas 66502

4201 B Anderson Avenue, Suite 1A  
Manhattan, Kansas 66503

P: 785.776.0670 | F: 785.776.0096  
Fitness@MaximumPerform.com  
MaximumPerform.com

**FOR IMMEDIATE RELEASE**

January 28, 2018

## **NICHOLS JOINS MAXIMUM PERFORMANCE PHYSICAL THERAPY STAFF**

Maximum Performance is pleased to introduce the newest member of their physical therapy staff, Travis J. Nichols, PT, DPT.

Nichols brings more than a decade of orthopedic physical therapy experience to Maximum Performance and will be located at the Stone Creek facility on the west side of Manhattan. His professional interest is in orthopedics with an emphasis in sports medicine.

Nichols earned his bachelor's degree in kinesiology from K-State in 2005 and his doctorate of physical therapy from Rockhurst University in 2008. The Sabetha, Kansas, native launched his career in the Kansas City metro area where he worked for various outpatient orthopedic clinics until 2014 when he and his wife, Emily, moved to Colorado. There, he completed functional dry needling certification and this treatment option has greatly enhanced his ability to treat patients with muscle imbalances. Nichols enjoys working with patients of all ages and with a range of goals—from athletes to those wishing to remain pain free and active.

Having recently welcomed their first child, Nichols and his wife decided to move to Manhattan to be closer to family. When not in the clinic, Nichols enjoys running, cycling and spending time in the great outdoors.

To schedule a physical therapy evaluation with Nichols, please call Maximum Performance at 785.539.5555. For more information about physical therapy, fitness and performance training options, please visit [maximumperform.com](http://maximumperform.com)